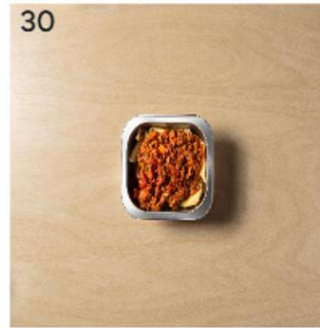


## JANUARY MEALS:



Mac & Cheese  
Pasta with Ham in



Beef Pasta  
Bolognese in



Thai Jungle Curry  
Chicken & Veg

## FEBRUARY



Beef & Vege  
Rissoles with

Total Meals : 12



Mac & Cheese  
Pasta with Ham in

Total Meals : 12



Beef Cottage Pie  
& Veg with

Total Meals : 12



Butter Chicken  
served with Rice



Tex-Mex Beef &  
Beans with Rice &



Mac & Cheese  
Pasta with Ham in



Beef Meatballs &  
Tomato Sauce on



Chicken Teriyaki  
Rice Bowl with